

At Haverigg Primary School we take the safety and welfare of your children very seriously. If you have any concerns regarding the safety and wellbeing of any children at Haverigg school please speak to Mrs Narongchai (our designated safeguarding leader), or Miss Musgrave / Mrs Redhead, (our deputy safeguarding leaders), in her absence.



Presentation Assemblies - Friday 11th July 2025

Reception & Year 1

Year 2 & 3

Year 4 & 5

Year 6

9.00am - 10.00am

10.30am - 11.30am

1.15pm - 2.15pm

2.30pm onwards



School Uniform Reminder

Jewellery - a pair of plain stud earrings only. No bracelets, necklaces etc.

Hair cuts - sensible hair please, no buzz cuts.

PE shorts - longer cycling shorts or Haverigg school gym shorts only. No 'short' gym shorts please.

Children's tattoos / transfers - not allowed, please save these for the holidays.

Make up / nail varnish - not in school please...you are beautiful as you are!



Class Organisation for September 2025

Reception Class - Miss Blackburn

Year 1 - Miss Leece

Year 2 - Mrs Redhead

Year 3 - Mr Knowles

Year 4 - Miss Usher

Year 5 - Miss Marinovich

Year 6 - Miss Musgrave

Whole School reminder - Please could we politely remind everyone that we are a nut free school. We have noticed cereal bars containing nuts appearing in

snacks and lunch boxes. Thank you all for your co-operation 65 with this.







Every Day Counts.

What is considered good attendance? Regular and punctual attendance is essential for effective learning, promoting positive relationships and developing good attitudes to education. A child's attendance at school is expected to be 96% and above. Anything that is below this needs to be addressed by school to ensure attendance improves. We need to ensure that all children attend school regularly as it is important for friendships and academic progress/success.

Key daily timings:

8:50 to 9:00 —— Register takes place After 9:00 — Late mark in register

After 9:30 unauthorised absence



Weekly Attendance Report

Reception 95% Year 1 99% Year 2 97% 99% Year 3 100% Year 4 Year 5 96% Year 6 85%





Haverigg Primary School's







How to pack a well-balanced lunch box - focus on the food groups

To be in-line with the School Food Standards set by the Department for Education, we feel this is a very reasonable packed lunch policy and one which we would like all parents to work towards achieving one small change at a time. We do understand that some children struggle with change but, the healthier choices you can gradually make, the better your child's health will be.

Packed lunches should include:

- At least one portion of fruit and one portion of vegetables every day.
- Meat, fish, eggs, or a non-dairy protein (e.g. lentils, kidney beans, chickpeas, houmous or falafel) every day.
- Oily fish, such as salmon, at least once every three weeks.
- A starchy food such as any type of bread, pasta, rice, couscous, noodles, potatoes or another cereal every day.
- A dairy food such as milk, cheese, yoghurt, fromage frais or custard every day.
- A drink of water, fruit juice or smoothie (maximum portion 150ml), or semiskimmed milk or skimmed milk, yoghurt or another milk drink.

Packed lunches can occasionally include:

- Meat products such as sausage rolls, individual pies, corned meat and sausages.
- Cakes and biscuits but encourage your child to eat these as part of a meal and be mindful of appropriate portion sizes.

Packed lunches should not include:

- Nuts or nut butters (we do have children in school with allergies)
- Salty snacks such as crisps.
- Confectionery such as chocolate bars, chocolate-coated cereal bars, processed fruit bars and sweets.
- Sugary soft drinks, such as squash and fizzy drinks.



Friday 20th June



Dear Parents

From September, children in Y5&6 will have the opportunity to have one-to-one lessons on a musical instrument.

Lessons can be on

piano

flute

clarinet (which could transfer to a saxophone as they get older) trumpet (or another brass instrument) - if they already play

Lessons will be in school time on a Friday.

Costs are £10 per individual 20 minute lesson. This is in line with other schools or private lessons. If lessons are shared (eg 2 flute players at the same level), then costs will be cheaper. Children make most progress with an individual lesson, but it is possible to share.

Most brass instruments are available from school, and we have a few clarinets. If they learn piano, they would need a piano or keyboard at home to practice on, and the same for flute, or clarinet. I can advise with hiring or buying instruments. As a rough idea, it's about £15 a month to rent for 3 months, which is a good idea to start with. Costs for buying range start at £180, but there is no expectation to buy until you know if they're keen to continue. Basic keyboards are cheaper, and are often for sale on local selling sites.

I am happy to do a short taster session on flutes or clarinets by arrangement, for which the charge is £5. These sessions may have to be after school, because it is better, though not essential, if a parent is there.

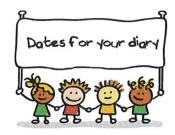
If you are interested, please send back the form below.

If you have any questions, my new email address is Ruth.Cullen@rncm.ac.uk

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Please ask for a copy of this letter from the school office. Thank you.



HAVERIGG PRIMARY SCHOOL DIARY DATES

(updated 20th June 2025)

June 2025

Monday 23rd Year 4 York residential

Tuesday 24th Yr 6 (John Ruskin pupils) activity morning

Wednesday 25th Year 4 return from York

Friday 27th Year 6 Taster Day at Millom School

July 2025

Tuesday 1st New Starter Open Evening in school for Sept 2025 intake

John Ruskin School Induction day for September starters Year 5 Coniston trip to Low Bank Ground (was originally 3rd)

Friday 11th Presentation Assemblies

Reception and Year 1 9.00 - 10.00am Years 2 and 3 10.30 - 11.30am Years 4 and 5 1.15 - 2.15pm

Year 6 2.30pm onwards

Wednesday 16th Reception and Year 1 trip to Brockhole

Year 2 trip to Lakeland Maize Maze

Friday 18th End of Term (Earlier finish time of 1.15pm)

Autumn Term will start on Wednesday 3rd September 2025 (Staff INSET days Monday 1st and Tuesday 2nd September 2025)

What's on at Cumberland Family Hub - Millom

Monday 2nd June to Friday 18th July 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Sensory Room Book via email/phone	Sensory Room Book via email/phone	Sensory Room Book via email/phone	Sensory Room Book via email/phone	Sensory Room Book via email/phone
CADAS Family Support Drop In ·10-11am	Family Help Advice Drop In 10am-12pm	Play Space Drop in 9:30-11:30am	Baby Buddies 1-2pm	Infant Feeding Support 10-11am
(16th June & 14 th July)	(Fortnightly starting on 17 th June)	Home Education & Inspira Drop In	9	Play Space Drop In 1-2:30pm
Play Space Drop in 1- 3pm	Childminder Network	10am -12pm (25 th June)	,	
	(17 th June & 15 th July) Little Learners 1:30-2:30pm	Kinship Carers Support Group 10am-12pm (9 th July)		a a
	Youth Connect Drop In 1:30-4:30pm	(9 July)	e s	ē
	(3 rd June & 8 th July)		1 a	
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Find Us at: Millom Infant School, Millom, LA18 4LP Follow us on Facebook/Instagram: @CumberlandFamilyHubs Call Us: 01229 404045



Sensory Room: Sensory lights and equipment to develop and engage senses. Suitable for ages 0-19 (25 with SEND). Bookable via Telephone or email familyhubs3@cumberland.gov.uk

Play Space drop in: A parent led session where parents are encouraged to play and interact with your child/ren in a friendly environment. Suitable for ages 0-5.

Family Help Advice drop in: Offering advice and support about how Early Help can support your family.

CADAS Family Support Drop In: Contact CADAS on 0300 111 4002 for more information.

Childminder Network: A play-based opportunity for Childminders working across Cumberland to come together with an Early Years and Childcare Adviser to take part in discussions around local and national early years topics, share good practice and network with other Childminders.

Home Education & Inspira Drop In: For more information email <u>ElectiveHomeEducation@cumberland.gov.uk</u>

Little Learners: Opportunity for children to play and learn together aged 1-4 years. Regular workshop sessions will be held focusing on eating, dental health, toileting and more.

Infant Feeding Support: Offering support for parents who are breastfeeding or thinking about it. This group supports parents to respond to their baby's feeding needs. From birth onwards.

Kinship Carers Support Group: please email SGOsupport@cumbria.gov.uk to contact for more information or to book

Baby Buddies: An interactive group for bumps and babies 0-12 months and their parent/carers.

Youth Connect drop in: Offering advice and raising awareness to encourage positive connections for children and young people within their network and local community.



Is your child being assessed for Autism?

Do you have any questions?

Would you like some support from Speech and Language Therapy, The Autism Pathway Navigator and Occupational Therapy?

Would you like to meet other parents also going through the process?

Session includes:

A chance to talk to professionals and look at resources

Chat to other parents in similar situations

Sign posting to services



This is for parents/carers of:

- Children who have been seen by the paediatrician or are waiting to be seen and are on the 'multi agency assessment team' (MAAT) pathway
- Children who have not yet received a diagnosis.

Upcoming dates:

Barrow

Venue: Barrow Library Galley room

Monday 7th July 12pm-2pm

Tuesday 7th Oct 2pm-4pm

Kendal

Venue: Kendal library teen zone

Tuesday 17th June 10am-12pm

Monday 15th September 2pm-4pm

PENRITH SEND DROP IN

Venue: Penrith Library

Wednesday 18th June 1pm-3pm



For more information contact our Autism Pathway Navigator: SouthCumbriaChildrensMAAT@ncic.nhs.uk



Haverigg School 3 Week Menus from May 2025

	Week 1	
Monday	Chicken Fillet, Red Pesto Pasta, Carrot & Cucumber sticks	Victoria Sponge
Tuesday	Pasta in sauce (Cheese optional) Garlic Bread, sweetcorn	Zucchini Brownie
Wednesday	Roast Chicken, Stuffing, Creamed Potatoes / Pasta and Vegetables	Apple Cake & Custard
Thursday	Meat & Potato Pie & Veg	Choc Chip Cookie & Milk Drink
Friday	Fishy Ships, Chips, Beans/Peas	Fruit Salad and Ice-Cream
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Salad	Daily: Fruit Yoghurts Fresh Fruit
	Week 2	
Monday	Fish Fingers, Chips & Beans/Peas	Iced Bun
Tuesday	Mild Chicken Tikka Curry, Rice & Naan	Choc Chip Berry Muffin
Wednesday	Shepherd's Pie (Beef) & Vegetables	Gingerbread & Custard
Thursday	Chicken Wrap with Salad & Seasoned Potato Wedges	Chocolate Cake
Friday	Meatballs in Gravy, Mash/Pasta & Vegetables	Fruity Flapjack
	Daily:	Daily:
	Jacket Potato with Butter/Cheese/Beans/Tuna	Fruit Yoghurts
	OR	Fresh Fruit
	Sandwich – Cheese/Ham/Tuna/Salad	
	Week 3	
Monday	Pasta Bolognaise, Garlic Bread & Sweetcorn	Sprinkle Cake
Tuesday	Sausages, Mash or Hash Brown & Beans/Peas	Meltin Moment Biscuit
Wednesday	Roast Pork, Yorkshire Pudding, Mash/Pasta & Vegetables	Pear Marble Cake & Custard
Thursday	Sunshine Pizza, Wedges & Savoury Cous Cous	Vanilla Shortbread & Milk Drink
Friday	Fishcake & Chips, Spaghetti Hoops/Peas, Bread & Butter	Waffle with Ice-cream & Fruit
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Salad	Daily: Fruit Yoghurts Fresh Fruit

Please note: any children with a food intolerance can still order the main meal and pudding. If applicable, the kitchen staff will adjust the meal according to their intolerance e.g. dairy.

Thank you

Millom Amateur Operatic Society

Presents for 2026...





AT THE PALLADIUM THEATRE, MILLOM

PANTOMIME READ-THROUGH AND AUDITION DATES:



JUNIORS (SCHOOL Y2-6) SCRIPT READ-THROUGH 6:30PM - 7:30PM ADULTS (SCHOOL Y7+/ADULTS) SCRIPT READ-THROUGH 8PM - 9PM

** SUNDAY 6TH JULY AUDITIONS! **

JUNIOR (SCHOOL Y2-6) + SIBLINGS/FAMILIES
AUDITIONS 2PM - 3:30PM
ADULTS (SCHOOL Y7+/ADULTS) 3:30PM - 5:30PM

SHOW DATES: 11-14 FEBRUARY 2026

REHEARSALS START IN SEPTEMBER 2025

DO YOU FANCY YOURSELF AS THE NEXT ROBIN HOOD, SHERIFF OF NOTTINGHAM, OR EVEN MAID MARION?... CAN YOU SING, ACT, DANCE? – OR JUST LOVE PERFORMING?!...

COME ALONG TO OUR READ-THROUGH EVENINGS, WHERE YOU CAN HAVE A GO AT READING THE SCRIPT, GET INTO CHARACTER AND FIND OUT MORE ABOUT THE AUDITIONS!

JOIN OUR CAST OR CREW AND HAVE A LAUGH PRODUCING OUR NEXT

PANTOMIME FOR 2026!

MINIMUM AGE IS SCHOOL Y2 (AT TIME OF THE SHOW - FEB 2026)

EVERYONE PLAYS A VITAL PART! - NEW MEMBERS ARE ALWAYS WELCOME!

ANYONE WHO CAN'T MAKE THESE DATES AND WOULD STILL LIKE TO AUDITION,

OR WOULD LIKE TO BE INVOLVED IN THE SHOW, EITHER IN THE CHORUS OR AS A VOLUNTEER TO HELP BEHIND THE SCENES,

PLEASE CONTACT THE PALLADIUM:

WWW.MILLOMPALLADIUM.CO.UK FACEBOOK: MILLOM PALLADIUM EMAIL: THEPALLADIUM@YAHOO.CO.UK

HELP YOUR LOCAL THEATRE CONTINUE TO THRIVE





Police Headquarters Carleton Hall Penrith CA10 2AU

Telephone: 101

Website: www.cumbria.police.uk



Parking problems at drop-off and pick-up times

Dear Parent/Carer,

Concerns have been raised about parking around the school at peak times. Examples of poor parking have included blocked pavements, parking over dropped curbs, on zig-zag road markings and other access points. This seriously increases the risk of harm to children trying to safely cross the road, as well as causing access problems for local residents.

To help minimise the risk to children and ease the disruption to residents by those that park in this way, police will be conducting an operation to educate motorists on parking laws and if necessary, prosecute those who park illegally.

Drivers, who have not done so to date, are asked to park legally and considerately, away from the school entrances and only park against full kerbs.

Please do not park or pull over to drop children off in front school entrances, driveways, zigzag road markings and dropped kerbs. Please also avoid parking in front of the pedestrian entrance to the school site. Failure to do so could result in a prosecution leading to a FINE or even PENALTY POINTS being issued for certain offences.

Please see leaflet accompanying this letter for details of road signs and markings which show where you shouldn't park.

What can you do to help?

There are a number of ways you can help resolve this community matter:

- Those living nearby can avoid the cost and inconvenience to themselves and others by walking children to and from school.
- Parents can consider lift sharing with friends and/or neighbours.
- Using the parking spaces on nearby roads which are often unused, would relieve.
 pressure on areas closer to school entrance points.
- Allow yourself more time to find safe considerate parking.

Your help and efforts to resolve this issue is appreciated by the police and the school management. Your local policing team would be happy to discuss any issues or concerns you have with these issues.

Kind regards

Your Neighbourhood Policing Team

HAVERIGG PRIMARY SCHOOL

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